

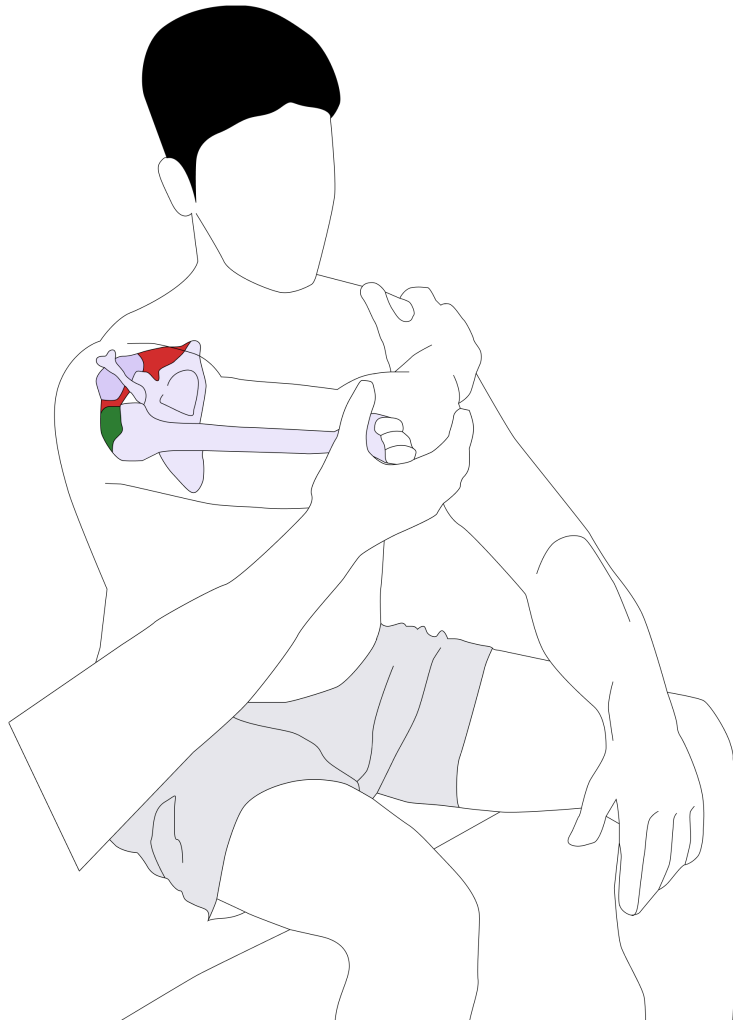
# Yocum Test

## Patient information

Full name:

Age:

Date assessed:



## Instructions

1. Have your patient in a sitting position.
2. Ask the patient to place the hand on the affected side on the shoulder of the unaffected side (opposite shoulder).
3. Ask them to elevate the elbow as depicted above.

## Test results

- ☐ **Positive** - The patient was hesitant to follow any of the instructions and/or the patient felt pain while elevating the elbow and keeping it elevated.
- ☐ **Negative** - The patient didn't feel any pain when they were elevating their elbow.

**Additional notes****Examiner's information****Full name:****Email address:****Contact number:****Signature:****Date signed:**