

Watson Test

Patient name:	Sex:
Date of birth:	Age:
Examiner:	Date of test:
Medical history:	
Procedure	
<ol style="list-style-type: none">1. Have the patient sit across from you with diagonally opposed hands raised (left to left or right to right) and elbows resting on the table between them.2. Place your thumb on the palmar prominence of the scaphoid and wrap your fingers around your patient's distal radius.3. With your other hand, stabilize the metacarpal level. This hand will be used to control the wrist position.4. While the ulnar is deviated, apply constant thumb pressure, and move their slightly extended wrist towards the radial side and into slight flexion.5. If the patient expresses pain or if you notice a palpable or audible "clunk" when releasing the thumb pressure, especially if compared to the contralateral hand, then the test is valued as 'positive'.	
Results	
<p><input type="checkbox"/> Positive: There is a palpable or audible "clunk" when releasing the thumb pressure, especially if compared to the contralateral hand.</p> <p><input type="checkbox"/> Negative: The scaphoid moves normally, pressing against the examiner's thumb during ulnar deviation of the wrist, and there is no pain reported.</p>	
Additional notes:	