

Watson Test Protocol

Patient Information:

Name: _____

Date of Birth: _____ Age: _____ Gender: _____

Medical History:

Test Details:

Date of Test: _____ Time of Test: _____

Examining Physician: _____

Procedure: *(For documentation purposes only; to be performed by a qualified healthcare professional)*

1. The patient is seated in an upright position.
2. The examiner stands behind the patient.
3. The examiner grasps the patient's affected arm and locates the scaphoid tubercle.
4. The wrist is placed in flexion and radial deviation, and the scaphoid is pushed distally.
5. The patient is then instructed to extend and ulnar deviate the wrist while the examiner maintains pressure on the scaphoid.
6. A positive test is indicated by a painful 'clunk' as the scaphoid relocates into its normal position.

Observations:

Findings:

Indications:

Conclusion:

Final Diagnosis:

Recommended Treatment/Next Steps:

Physician Signature:

Name: _____

Signature: _____

Date: _____

Note: Please consult a healthcare provider for accurate and safe interpretation and application of the Watson Test.