

# Vertebral Artery Test

Name:	Date:
Examiner's name:	

**Note:** You can conduct the test with the patient in a sitting or supine position.

## Instructions (sitting position):



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1. Have the patient rotate their head to the contralateral side. Hold the position for 10 seconds, counting out loud.
2. Have them return their head to a neutral position. Hold the position for 10 seconds, counting out loud.
3. Have the patient extend their head. Hold the position for 10 seconds, counting out loud.
4. Repeat step 2.
5. Have the patient extend their head and rotate their head to the tested side. Hold the position for 10 seconds, counting out loud.

## Instructions (supine position):

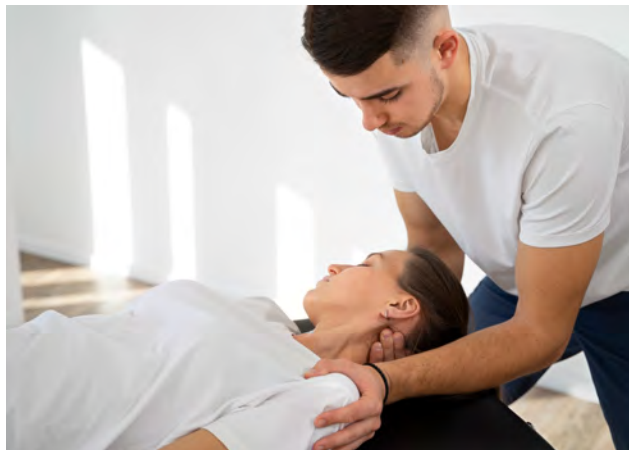


Image by Freepik

1. Have the patient in a supine position with their head off of the edge of the table. Support his head with your hands.
2. Gently extend their head and rotate their head around 30 degrees. Hold the position for 20 to 30 seconds
3. Repeat step 2 on the other side.

**Test Result:**

**(+) Positive Test if:**

- They experience the 5Ds (dizziness, diplopia, dysarthria, dysphagia, drop attacks)
- They also experience: nausea, vomiting, sensory changes, nystagmus

**Patient's Results**

Negative     Positive

Notes: