

Vagus Nerve Damage Test

Patient information

Patient name:

Age:

Gender:

Date of test:

Symptoms

Tick the boxes if the patient reports experiencing any of the following symptoms indicative of potential vagus nerve damage.

Nausea

Abdominal pain

Bloating

Changes in bowel habits

Dysphagia

Significant changes in eating habits

Breathing difficulties without identified cause

Rapid heart rate or palpation

Voice hoarseness

Vocal fatigue

Mood variations

Severe stress

Fainting episodes

Dizziness

Other:

Remarks:

Physical examination

Cardiovascular

Irregular heartbeats detected

Abnormal rest heart-rate/blood pressure

Other:

Remarks:			
Respiratory			
Breathing pattern irregularities			
Abnormal lung function			
Other:			
Remarks:			
Gastrointestinal			
Signs of gastroparesis			
Other abnormalities			
Other:			
Remarks:			
Larynx & pharynx			
Vocal cord dysfunction			
Swallowing reflexes affected			
Other:			
Remarks:			
Vagal nerve assessment			
Heart rate variability (HRV)			
Resting heart rate:	bpm	HRV score:	Reference range: to
Remarks:			

Gag reflex
Response: Normal Reduced Absent Other:
Remarks:
Swallowing
Normal Difficult Unable Other:
Remarks:
Speech and voice
Speech quality: Normal Hoarse Nasal Other:
Remarks:

Additional tests conducted

Note any additional assessment and diagnostic tests have been ordered or conducted, along with any relevant observations.

Test	Results	Remarks

Referral

If vagus nerve damage is suspected, note any specialist referrals here.