

## Types of Mental Illness

### Mood Disorders

- Major Depressive Disorder (MDD)
- Bipolar Disorder
- Persistent Depressive Disorder (Dysthymia)
- Cyclothymic Disorder
- Premenstrual Dysphoric Disorder (PMDD)
- Disruptive Mood Dysregulation Disorder (DMDD)
- Seasonal Affective Disorder (SAD)
- Substance-Induced Mood Disorder

### Anxiety Disorders

- Generalized Anxiety Disorder (GAD)
- Panic disorder
- Social Anxiety Disorder (Social phobia)
- Specific phobias
- Agoraphobia
- Separation Anxiety Disorder
- Selective mutism
- Obsessive-Compulsive Disorder (OCD)
- Post-Traumatic Stress Disorder (PTSD)
- Illness Anxiety Disorder

### Personality Disorders

- Paranoid Personality Disorder
- Schizoid Personality Disorder
- Schizotypal Personality Disorder
- Antisocial Personality Disorder
- Borderline Personality Disorder (BPD)
- Histrionic Personality Disorder
- Narcissistic Personality Disorder
- Avoidant Personality Disorder
- Dependent Personality Disorder
- Obsessive-Compulsive Personality Disorder (OCPD)

## **Psychotic Disorders**

- Schizophrenia
- Schizoaffective Disorder
- Schizophreniform Disorder
- Brief Psychotic Disorder
- Delusional Disorder
- Substance-Induced Psychotic Disorder
- Psychotic Disorder Due to Another Medical Condition
- Catatonia Associated With Another Mental Disorder

## **Eating Disorders**

- Anorexia Nervosa
- Bulimia Nervosa
- Binge-Eating Disorder (BED)
- Avoidant/Restrictive Food Intake Disorder (ARFID)
- Other Specified Feeding or Eating Disorder (OSFED)

## **Trauma-Related Disorders**

- Post-Traumatic Stress Disorder (PTSD)
- Acute Stress Disorder
- Reactive Attachment Disorder
- Adjustment Disorders
- Dissociative Disorders
- Complex Post-Traumatic Stress Disorder (C-PTSD)

## **Substance Abuse Disorders**

- Alcohol Use Disorder (AUD)
- Opioid Use Disorder (OUD)
- Cocaine Use Disorder
- Marijuana Use Disorder
- Stimulant Use Disorder
- Sedative, Hypnotic, or Anxiolytic Use Disorder
- Hallucinogenic Use Disorder
- Tobacco Use Disorder