

Tryptase Blood Testing

Patient Information

Full Name: _____

Date of Birth: ____ / ____ / _____

Gender: _____

Patient ID: _____

Contact Number: _____

Email Address: _____

Reason for Testing

- To determine if a severe allergic reaction, called anaphylaxis or anaphylactic shock, has recently occurred
- To diagnose mast cell disorders, rare conditions in which there are either too many mast cells in the body or the mast cells are abnormally reactive.
- To monitor patients with mast cell disorders to see whether their condition is stable or worsening

Clinical Signs and Symptoms for Anaphylaxis

Flushing:

Yes

No

Itching:

Yes

No

Difficulty Breathing:

Yes

No

Swelling of the Face or Tongue:

Yes

No

Abdominal Pain:

Yes

No

Chest Tightness:

- Yes
- No

Suspected: Drug Allergy

- Yes
- No

Suspected: Food Allergy

- Yes
- No

Suspected: Insect or bite Allergy

- Yes
- No

Clinical Signs and Symptoms for Mast Cell Disorders

Skin symptoms, including flushing, itching, and red or brown patches:

- Yes
- No

Digestive system symptoms, including heartburn, nausea, and abdominal cramping:

- Yes
- No

Respiratory and nasal symptoms, including wheezing, nasal congestion, and runny nose:

- Yes
- No

Tryptase Tests

Note that more than one test should be obtained to compare an abnormal test result.

- Normal ranges are typically recognized as 3 to 5 nanograms per milliliter (ng/mL).

Order	Results
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<input type="checkbox"/>	
<input type="checkbox"/>	

Test Result When Symptoms Are Present	Repeat Test/Baseline Test	Possible Diagnoses
High	Normal	Anaphylactic shock or mast cell activation syndrome
High	High	Systemic mastocytosis, certain genetic syndromes, or some blood or kidney disorders
Normal	Normal	Mastocytosis affecting the skin only, or another condition that does not involve mast cell activation

Physician's Notes and Recommendations

Physician's Signature: _____ Date: ____ / ____ / _____