

Trousseau Sign Test

Patient information

Name:

Age:

Sex:

Date of test:

Medical record number:

Test procedure

1. Ensure the patient is seated comfortably with the arm extended and palm facing up.
2. Place the blood pressure cuff around the patient's upper arm.
3. Inflate the cuff to a pressure 20 mmHg above the patient's systolic blood pressure.
4. Maintain the pressure for 2-3 minutes.
5. Observe the patient's hand for signs of carpopedal spasm.

Results

Positive: Patient's hand shows posturing or carpopedal spasm (flexing thumb, wrist, and metacarpophalangeal joint, combined with hyperextension of interphalangeal joints). A positive Trousseau's sign indicates potential hypocalcemia and necessitates further investigation.

Negative: No carpopedal spasm.

Additional notes:

Healthcare provider's information

Name:

Signature:

Date: