

Thigh Thrust Test

Patient Information		
Name:	Date of Test:	Age:
Gender:	Referring Physician:	
Reason for Evaluation:		

Test Procedure
<ol style="list-style-type: none">Positioning: Instruct the patient to lie supine on a treatment table with both legs extended.Examiner Position: Stand on the side being assessed, facing the patient's lower extremities.Stabilization: Place one hand over the patient's anterior superior iliac spine (ASIS) to stabilize the pelvis.Thrust Application: With the other hand, position it over the patient's knee of the same leg being assessed.Thrust Force: Apply a controlled anterior thrust force through the femur, directing it towards the sacroiliac joint.Observation: Observe the patient's response for any reproduction of sacroiliac joint pain or discomfort.

Interpretation	
Positive Test:	Negative Test:

Notes**Clinical Implications**

Documentation Completed By:

Signature:

Date and Time: