Therapy Assessment

Client information		
Name:	Date of birth:	
Sex:	Client ID:	
Referring practitioner (if applicable):		
Practitioner information		
Name:	Title/position:	
License number:	Email contact:	
Date of assessment:	Time of assessment:	
Presenting problem(s)		
Chief complaint:	Duration of symptoms:	
Previous treatment (if any):	Current medications:	
Mental health history		
Past psychiatric diagnoses:	Past hospitalizations:	
Family history of mental health issues:	Substance use history:	

Assessment of symptoms		
Current affect:		
Anxiety scale 1 - 10 (1 = no symptoms 10 = extreme symptoms):		
Depression scale 1 - 10 (1 = no symptoms 10 = extreme symptoms):		
Additional notes:		
Pick concernant		
Risk assessment	Diele te etheme.	
Risk to self:	Risk to others:	
Suicidal ideation: Yes No		
Additional notes:		
Therapeutic goals		
Short-term goals:	Long-term goals:	
Onort-term goals.	Long-term goals.	

Observations and recommendations		
Observations:		
Recommendations:		
Practitioner's notes		