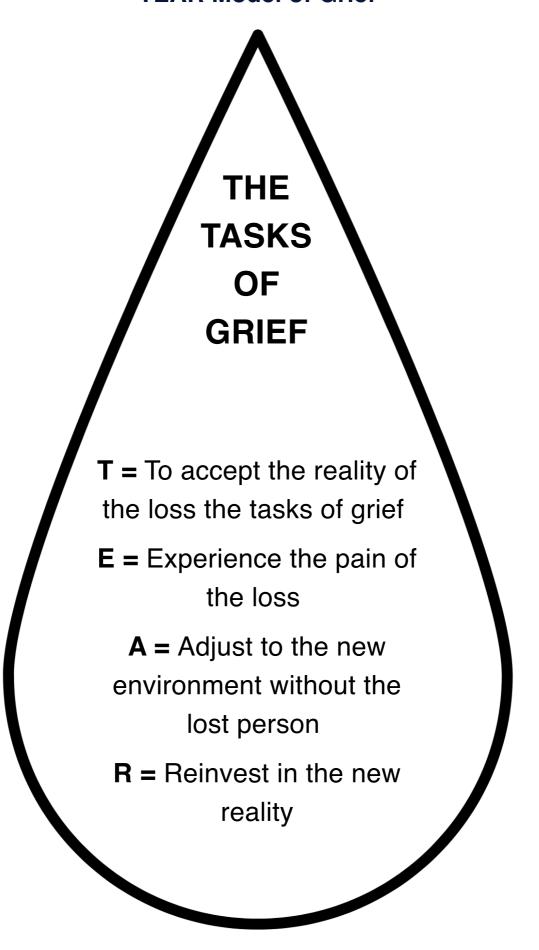
## **TEAR Model of Grief**



Based upon Worden's (1991) tasks of mourning: Worden, J. W. (1991). Grief Counselling and grief therapy: A handbook for the mental health practitioner (2nd edition). London: Springer.



to you taking notes as they go through your grief counseling/therapy program.	
[T] Date started:	Date ended:
[E] Date started:	Date ended:
[A] Date started:	Date ended:
[R] Date started:	Date ended:

Instructions: This is optional. You can write down your observations for each task of mourning. Make sure your patient consented

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