Swallowing Test

Patient Information:

Name: Amara Ramos

Date of Birth: 05/15/1965

Medical Record Number: 123456

Date of Assessment: 01/15/2024

Referring Physician: Dr. Samantha Miller

Clinical History:

None recorded.

Reason for Swallowing Test:

Patient reports difficulty swallowing solids, frequent coughing during meals, and unintentional weight loss.

Presenting Symptoms:

" Difficulty swallowing solids/liquids
" Choking or coughing during meals
" Weight loss
" Previous aspiration incidents
" Other relevant symptoms or concerns: [illegible]

Pre-Assessment Screening:

Medical History:

" Neurological conditions (e.g., stroke, Parkinson's disease): None reported
" Respiratory conditions (e.g., chronic obstructive pulmonary disease): Negative
" Gastrointestinal conditions (e.g., gastroesophageal reflux disease): GERD diagnosed and treated with medication
" Previous surgeries or interventions: Appendectomy at age 30

Current Diet:

" Texture (e.g., regular, pureed, liquidized): Regular
" Consistency (e.g., thin liquids, thickened liquids): Thin liquids
" Feeding method (oral, tube feeding): Oral

Objective Assessment:

Clinical Observation:

" Oral motor function: Limited tongue movement, mild drooling observed
" Labial control: Adequate
" Tongue movement: Reduced lateral movement
" Presence of pocketing or drooling: Minimal pocketing observed

Trial Swallows:

" Observe swallowing function with small sips of water, various food textures, and consistencies
" Note signs of aspiration (coughing, choking, throat clearing): Coughing and throat clearing noted with solid foods

Instrumental Assessment (if applicable):

Videofluoroscopic Swallow Study (VFSS):

" Fluoroscopy evaluation of swallowing function: Identified delayed initiation of swallow reflex

" Assessing oral, pharyngeal, and esophageal phases: Reduced pharyngeal constriction

Fiberoptic Endoscopic Evaluation of Swallowing (FEES):

None

Results and Recommendations:

Summary of Findings:

" Describe any observed abnormalities, penetration, or aspiration events: Emily demonstrates impaired swallow function with signs of aspiration, particularly with solid textures.

" Document timing and coordination issues during swallowing phases: Delayed initiation

Recommendations:

" Dietary modifications (e.g., texture, consistency adjustments): Transition to a mechanical soft diet, avoid solid textures.

" Swallowing exercises or therapy: Referral to a speech-language pathologist for swallow therapy sessions.

Follow-Up Plan:

" Schedule follow-up assessments as needed: Follow-up appointment scheduled for 02/15/2024.

" Communicate findings with the referring physician and relevant healthcare team members: Detailed report to be sent to Dr. Samantha Miller.