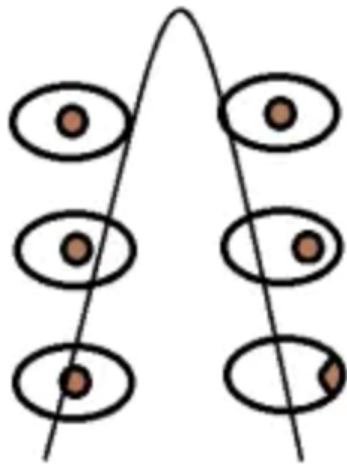


Strabismus Test (Cover Test)

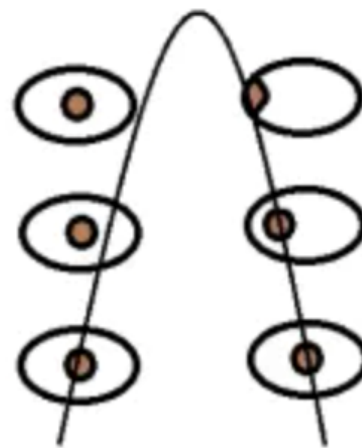
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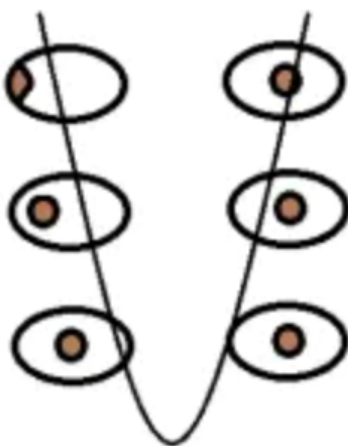
The Strabismus Test, also known as the Cover Test, is a diagnostic examination used to assess eye alignment and detect the presence of strabismus, a condition in which the eyes do not properly align and point in different directions. The test is typically performed by an eye care professional, such as an ophthalmologist or optometrist.



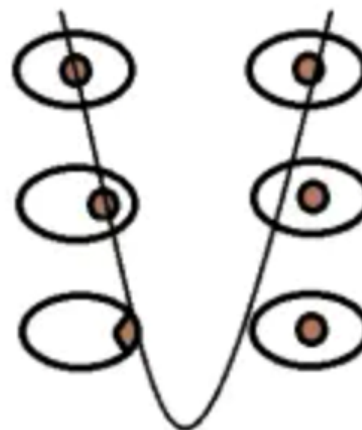
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American Academy of Ophthalmology. (n.d.). Pattern strabismus. Retrieved from <https://www.aao.org/education/disease-review/pattern-strabismus>

Instructions

1. Find a comfortable space with good lighting. You'll need an eye chart or a small object for the patient to focus on.
2. Let your patient know what you'll be doing and why. Reassure them that it's a simple test to check their eye alignment.
3. Ask them to sit or stand comfortably, facing you. Make sure they're at a suitable distance from the eye chart or object where they can see it clearly.
4. Using an occluder or your hand, gently cover one of your patient's eyes. Let them know that you'll be alternating between the eyes to assess each one individually.
5. While one eye is covered, pay close attention to the uncovered eye. Watch for any movement, misalignment, or deviation from the target. Take your time and be patient.
6. Uncover the previously covered eye and cover the other eye. Again, carefully observe the uncovered eye for any signs of misalignment or deviation.
7. Note down any observations or deviations you noticed during the test and compare your patient's results to the chart above. This will be useful for future reference or when discussing the results with other healthcare professionals.

Reminders

- Communicate clearly with your patient throughout the process. Explain what you're doing and encourage them to ask questions.
- Keep a friendly and relaxed demeanor. Being calm and approachable will help your patient feel more comfortable during the test.
- Be mindful of the lighting. Ensure the room is well-lit to get accurate observations of the eye alignment.
- Take your time. Rushing through the test can lead to inaccurate results, so allow your patient to focus and adjust their eyes as needed.
- Practice good hygiene. Clean the occluder or wash your hands thoroughly before and after each test to maintain a hygienic environment.

Additional notes

