Stomach Pain Chart

Patient Information	
Name:	
Age: Gender:	
Date:	
Pain Location	
Upper Left	
Upper Middle	
Upper Right	
Lower Left	
Lower Middle	
Lower Right	
Doin Intonoity	
Pain Intensity	
Mild	
Moderate	
□ Severe	
Pain Duration	
Short-term (Less than a day)	
Persistent (1-3 days)	
Chronic (More than 3 days)	
Pain Character	
Dull	
□ Sharp	
Burning	

Associated Symptoms	
Nausea	
□ Vomiting	
□ Fever	
Diarrhea	
Constipation	
Bloating	

Potential Causes

Cause	Description	Checkbox
Indigestion	Discomfort in the upper abdomen	
Gastritis	Inflammation of the stomach lining	
Ulcer	Sores in the stomach lining	
GERD	Acid reflux into the esophagus	
Gallstones	Hardened deposits in the gallbladder	
Pancreatitis	Inflammation of the pancreas	
Kidney Stones	Hard deposits formed in the kidneys	
Appendicitis	Inflammation of the appendix	
Gastroenteritis	Infection or irritation of the stomach and intestines	
Food Poisoning	Illness caused by consuming contaminated food	

Notes

Additional comments or observations can be noted here.

Doctor's Assessment

Diagnosis (if any):

Recommended Treatment/Action:

Doctor's Signature

Name:

Signature:

Date: