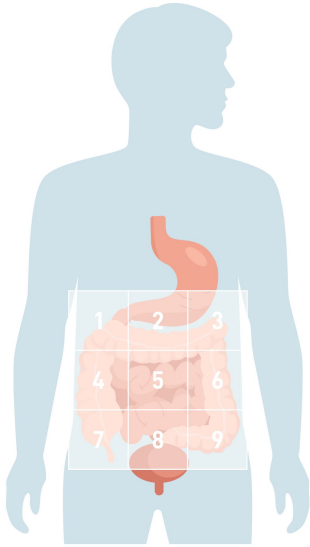


Stomach Pain Chart

Patient information

Full name: _____ Gender: _____

Date of birth: _____ Date of assessment: _____



Stomach ulcer Duodenal ulcer Hepatitis	Kidney stones Kidney infection Bowel disease	Appendicitis Inflammatory bowel disease Pelvic pain (Gyne)
Heartburn Hiatal hernia Hepatitis	Umbilical hernia Kidney infection Early appendicitis	Bladder infection Diverticulitis Prostatitis
Kidney stones Kidney infection Constipation	Kidney stones Kidney infection Constipation	Irritable bowel syndrome Inguinal hernia (Groin pain)

Pain location

- ☐ Upper left (left hypochondriac region)
- ☐ Upper middle (epigastric region)
- ☐ Upper right (right hypochondriac region)
- ☐ Lower left (left iliac region)
- ☐ Lower middle (hypogastric region)
- ☐ Lower right (right iliac region)
- ☐ Center (umbilical region)
- ☐ Center left (left lumbar region)
- ☐ Center right (right lumbar region)

Pain severity

- ☐ Mild
- ☐ Moderate
- ☐ Severe

Pain duration

- ☐ Short-term (less than a day)
- ☐ Persistent (1-3 days)
- ☐ Chronic (more than 3 days)

Pain character or type of pain

- ☐ Dull
- ☐ Sharp and intense
- ☐ Cramping
- ☐ Burning
- ☐ Pressure
- ☐ Stabbing or tearing
- ☐ Twisting or perching
- ☐ Other:

Associated symptoms

- ☐ Nausea
- ☐ Vomiting
- ☐ Fever
- ☐ Diarrhea
- ☐ Constipation
- ☐ Bloating
- ☐ Other:

Potential causes

Possible causes	Pain location	
Appendicitis	Middle center and lower right	
Stomach (peptic) ulcers	Upper right, upper center, upper left, and middle center	
Gallstones	Upper right quadrant	
Kidney stones	Left lower quadrant or middle left and middle center	
Inflammatory bowel disease (IBD)	Left lower quadrant or middle right to middle left and lower right to lower left	
Pancreatitis	Upper left or middle center	
Hernia	Upper center to lower center or lower left	
Cholecystitis	Upper right quadrant	
Hepatitis	Upper right quadrant or upper right to upper center	
Colitis	Lower left quadrant	
Diverticulitis	Lower left quadrant	
Other:		

Potential causes**Physician's information**

Name: _____

Signature: _____ Date: _____

Potential causes

Admin. (2023, September 1). *Pain Locator: Where Does it Hurt?* Manhattan Gastroenterology. <https://www.manhattangastroenterology.com/pain-locator-where-does-it-hurt/>

Admin, W. (2020, May 26). *Abdominal Health emergencies*. Beaumont Emergency Hospital. <https://beaumonteh.com/abdominal-health-emergencies/>