## **Stomach Pain Chart**

Patient Information	
Name:	
Age: Gender:	
Date:	
Pain Location	
☐ Upper Left	
☐ Upper Middle	
☐ Upper Right	
☐ Lower Left	
☐ Lower Middle	
☐ Lower Right	
Pain Intensity	
☐ Mild	
☐ Moderate	
Severe	
Pain Duration	
☐ Short-term (Less than a day)	
Persistent (1-3 days)	
☐ Chronic (More than 3 days)	
Pain Character	
□ Dull	
☐ Sharp	
Cramping	
Burning	

Associated Symptoms
□ Nausea
☐ Fever
☐ Diarrhea
Constipation
☐ Bloating

## **Potential Causes**

Cause	Description	Checkbox
Indigestion	Discomfort in the upper abdomen	
Gastritis	Inflammation of the stomach lining	
Ulcer	Sores in the stomach lining	
GERD	Acid reflux into the esophagus	
Gallstones	Hardened deposits in the gallbladder	
Pancreatitis	Inflammation of the pancreas	
Kidney Stones	Hard deposits formed in the kidneys	
Appendicitis	Inflammation of the appendix	
Gastroenteritis	Infection or irritation of the stomach and intestines	
Food Poisoning	Illness caused by consuming contaminated food	

Notes
Additional comments or observations can be noted here.
Doctor's Assessment
Diagnosis (if any):
Recommended Treatment/Action:
Doctor's Signature
Name:
Signature:
Date: