## **Spurling's Test**

Patient's name: Age: Gender:	
	Age: Gender: Examiner:
Date.	Exammer.
Test procedure	
<ol> <li>Seat the patient comfortably in a neutral position and stand behind the patient.</li> <li>Extend the patient's neck.</li> <li>Bend the patient's head laterally toward the affected side.</li> <li>Apply axial compression to the top of the head.</li> </ol>	Step 4 Step 2
Results and interpretation	
Positive result: The maneuver reproduces recorresponding to the affected nerve root.	adicular pain or other symptoms in the arm
☐ <b>Negative result</b> : No pain or symptom is prov	oked or reproduced.
Additional notes	

Anekstein, Y., Blecher, R., Smorgick, Y., & Mirovsky, Y. (2012). What is the best way to apply the Spurling's test for cervical radiculopathy? *Clinical Orthopaedics and Related Research*, 470(9), 2566–2572. <a href="https://doi.org/10.1007/s11999-012-2492-3">https://doi.org/10.1007/s11999-012-2492-3</a>