

Spinal Accessory Nerve Test

Patient Information

Name:

Age:

Gender: Male Female Other:

Date of Birth:

Medical History:

Objective:

Equipment

- Goniometer
- Towel
- Observation Chart

Procedure

1. Introduction:

2. Patient Positioning:

3. Inspect and Palpate:

4. Active Range of Motion (ROM) Assessment:

Head Movement:

Shoulder Elevation:

5. Accessory Nerve-Specific Tests:

Head Tilt Test:

Shoulder Shrug Test:

6. Towel Test:**7. Observation:****8. Documentation:****9. Interpretation:****10. Follow-up:****Notes**

- Perform the test in a well-lit and quiet environment.
- Ensure proper communication with the patient throughout the procedure.
- If there are any concerns or uncertainties during the test, consult with a healthcare professional.