

Speculum Examination

Patient information	
Name:	Date of birth:
Examiner's name:	Date of assessment:
Reminders	
<ul style="list-style-type: none">• Introduce yourself to the patient. Tell them your name and role.• Ask for the patient's name and date of birth for confirmation.• Explain why you need a chaperone and how the exam will go in a language they'll understand. Don't forget to ask for their verbal consent.• Ensure that they've passed urine and have told you if they're experiencing pain or may be pregnant by asking them about either once more.• Provide them with as much privacy by allowing them to undress in a separate room and cover themselves with a sheet while lying on the clinical examination couch.• Before you begin, reassure them that you can stop immediately if it becomes too uncomfortable for them.	
Tick if you've observed any of the following (check all that apply):	
Abnormal discharge	Erosions
Cervical masses	Ulceration
Inflammation	Bleeding
Polyps	Ectropion
Others:	
Did you take any of the following?	
Swabs	Endometrial biopsy
Others:	
Findings and observations	
Additional notes	