

Speculum Examination

Date:

Patient's Name:

Examiner's Name:

Reminders

- Introduce yourself to the patient. Tell them your name and role.
- Ask for the patient's name and date of birth for confirmation.
- Explain why you need a chaperone and how the exam will go in a language they'll understand. Don't forget to ask for their verbal consent.
- Ensure that they've passed urine and have told you if they're experiencing pain or may be pregnant by asking them of either once more.
- Provide them with as much privacy by allowing them to undress in a separate room and cover themselves with a sheet while lying on the clinical examination couch.
- Before you begin, reassure them that you can stop immediately if it becomes too uncomfortable for them.

Results

Tick if you've observed any of the following:

- Abnormal Discharge
- Erosions
- Cervical Masses
- Ulceration
- Inflammation
- Bleeding
- Polyps
- Ectropion
- Others: _____

Did you take any of the following:

- Swabs
- Endometrial Biopsy
- Others: _____

Additional Notes: