

Sociopath Test

Disclaimer: This Sociopath Test is designed to help identify traits associated with antisocial personality disorder (ASPD), commonly referred to as sociopathy. It is important to note that this test is not a diagnostic tool. Only a qualified mental health professional can diagnose ASPD. This test is for informational purposes only.

Patient information				
Name:	Date of birth:			
Gender:	Date of test:			
Instructions				
Please answer the following questions based on your experiences and feelings. Use the following scale for your responses: 0 = Never; 1 = Rarely; 2 = Sometimes; 3 = Often; 4 = Always				
Sociopath Test questions				
1. Do you fail to conform to social norms with respect to lawful behaviors?				
0 Never	1 Rarely	2 Sometimes	3 Often	4 Always
2. Do you frequently deceive others for personal profit or pleasure?				
0 Never	1 Rarely	2 Sometimes	3 Often	4 Always
3. Do you act impulsively without planning ahead?				
0 Never	1 Rarely	2 Sometimes	3 Often	4 Always
4. Do you exhibit irritability and aggressiveness, as indicated by repeated physical fights or assaults?				
0 Never	1 Rarely	2 Sometimes	3 Often	4 Always
5. Do you have a reckless disregard for the safety of yourself or others?				
0 Never	1 Rarely	2 Sometimes	3 Often	4 Always
6. Do you consistently show irresponsibility, as indicated by repeated failure to sustain consistent work behavior or honor financial obligations?				
0 Never	1 Rarely	2 Sometimes	3 Often	4 Always

7. Do you lack remorse, as shown by being indifferent or rationalizing having hurt, mistreated, or stolen from another?

0
Never

1
Rarely

2
Sometimes

3
Often

4
Always

8. Do you experience difficulty in maintaining long-term relationships?

0
Never

1
Rarely

2
Sometimes

3
Often

4
Always

9. Do you often feel bored or easily get bored?

0
Never

1
Rarely

2
Sometimes

3
Often

4
Always

10. Do you use charm or wit to manipulate others for personal gain or personal pleasure?

0
Never

1
Rarely

2
Sometimes

3
Often

4
Always

Total score (sum of all responses):

Interpretation

- **0-10:** Suggests low likelihood of sociopathic traits
- **11-20:** Suggests some sociopathic traits present
- **21-30:** Suggests moderate number of sociopathic traits present
- **31-40:** Suggests high likelihood of sociopathic traits

Additional notes

Healthcare professional information

Name:

License ID:

Signature:

Date of test: