

Social Work Treatment Plan

Client information

Name:

Date of birth:

Gender:

Occupation:

Marital status:

Date:

Social worker information

Social worker:

License no:

Medical condition/DSM diagnosis

Medical condition/DSM diagnosis:

Problem identification

Describe the specific issues or concerns identified through assessment and diagnosis. Avoid general diagnoses and focus on concrete problems.

Goals

Define long-term, general outcomes that are the opposite of the identified problem. Goals should be aspirational and represent the desired end state.

Objectives

Break down the goal into short-term, actionable steps. Objectives should specify who will do what, by when, and how often.

Interventions

List specific strategies and actions to achieve the objectives. Interventions should align with the theoretical approach and address the client's unique needs.

Evaluation and review

Instructions: Describe how progress will be measured and how frequently the treatment plan will be reviewed and updated.

Social worker signature

Social worker signature:

Date: