

# Social Work Assessment Tool

## Overview

This Social Work Assessment aims to gather detailed information about the client's life situation, strengths, resources, and needs. It will involve a combination of interviews, observations, and reviews of relevant documents. It is important to approach this assessment with empathy, respect, cultural sensitivity, and an awareness of the client's right to self-determination.

Patient's Name: \_\_\_\_\_

Date of Assessment: \_\_\_\_\_

Assessment Area	Procedure	Findings
<b>Introduction and Rapport Building</b>	Introduce yourself, explain the assessment process, ensure confidentiality, and address concerns or questions.	
<b>Client's Perception of Situation</b>	Encourage the client to describe their current situation and reasons for seeking help.	
<b>Biopsychosocial Assessment</b>	<b>Biological:</b> Gather information on physical health, medical history, medication, and lifestyle behaviors. <b>Psychological:</b> Understand mental health status, history, strengths, coping skills, and cognitive functioning. <b>Social:</b> Learn about family and social support, relationship status, employment or educational status, financial situation,	

	living situation, leisure activities, community involvement.	
<b>Cultural Assessment</b>	Investigate client's cultural background, beliefs, values, experiences with prejudice, discrimination, or cultural conflict.	
<b>Strengths and Resources Assessment</b>	Identify client's personal strengths, skills, resources, sources of resilience including supportive relationships, financial resources, educational or professional skills, and coping strategies.	
<b>Risk Assessment</b>	Assess the client's risk of harm to self or others, and if necessary, implement immediate safety measures.	
<b>Needs Assessment</b>	Recognize the client's unmet needs in areas like physical health, mental health, social support, housing, employment, etc.	
<b>Goal Setting</b>	Collaborate with the client to set specific, measurable, achievable, relevant, and time-bound (SMART) goals based on the assessment.	
<b>Referral and Intervention Planning</b>	Develop a plan for intervention or refer the client to other services based on the set goals.	
<b>Review and Feedback</b>	Review the assessment and plan with the client, ask for their feedback, and make necessary revisions.	

<b>Documentation</b>	Record all the gathered information in a structured and organized manner, maintaining confidentiality.	
<b>Follow-up</b>	Schedule a follow-up meeting to review progress and adjust the intervention plan if necessary.	