Shoulder Relocation Test

Section	Details
Patient Information	
Full Name	Jeremy Sy
Age	28
Gender	☑ Male ☐ Female ☐ Prefer not to say ☐ Other: _____
Date of Assessment	14/04/2023
Contact Number	+1234567890
Medical History	
Known Shoulder Issues	Mild rotator cuff tear
Previous Injuries	Sprained right ankle (2018)
Previous Surgeries	None
Medications	Ibuprofen (as needed for pain)
Allergies	None
Questions	
Onset of Pain/Discomfort	Two weeks ago after playing basketball
Aggravating Activities	Lifting arm overhead, throwing
Relieving Activities	Rest, ice
Tests	
Apprehension Test	☑ Positive ☐ Negative
Relocation Procedure	☑ Positive ☐ Negative

Sulcus Sign	☐ Positive ☑ Negative
Load and Shift Test	☑ Positive ☐ Negative
Speed's Test	☐ Positive ☑ Negative
O'Brien's Test	☑ Positive ☐ Negative
Drop Arm Test	☑ Positive ☐ Negative
Findings	
Observable Displacement	Slight anterior displacement noted
Range of Motion	Reduced by 20% during abduction and flexion
Muscle Strength	Weakness observed during resistance test
Joint Sound (Crepitus)	☐ Yes ☑ No
Swelling	☑ Yes ☐ No
Interpretation	
Individual Test Results	Anterior labral tear suspected
Overall Interpretation	Jeremy Sy likely has an anterior labral tear with associated mild rotator cuff damage. Immediate intervention and rehabilitation are advised to prevent further complications and to restore