## Short Term Memory Loss Test

## Patient information

Name: John Doe
Date of assessment: March 10, 2024
Assessor's name: Dr. Jane Smith

## Instructions

- The patient will be given a series of tasks designed to assess short-term memory.
- Each task should be scored based on the patient's ability to recall information.
- Use the scoring system provided for each task.


## Task 1: Word recall

- Present a list of 10 words to the patient.
- Allow the patient to study the list for 1 minute.
- After 5 minutes, ask the patient to recall as many words as possible.


## Words list

| 1. Apple | 6. Table |
| :--- | :--- |
| 2. River | 7. Mountain |
| 3. Sunshine | 8. Book |
| 4. Clock | 9. Chair |
| 5. Elephant | 10. Blue |

Recalled words: Apple, River, Clock, Elephant, Blue
Score (number of words correctly recalled): 5/10

## Task 2: Number sequences

- Read a sequence of numbers to the patient at a rate of one number per second.
- Start with a 3-number sequence, gradually increasing up to 7 numbers.
- After each sequence, ask the patient to repeat the numbers in the same order.

Sequence given: 4-8-2, 6-1-9-3, 7-2-5-8-6
Sequence recalled: 4-8-2, 6-1-9-3, 7-2-5-8
Score (number of sequences correctly recalled): $2 / 3$

## Task 3: Object recall

- Show the patient 5 common objects for 30 seconds.
- After a 3-minute interval, ask the patient to recall the objects.

Object shown: Pen, Watch, Key, Spoon, Glasses
Objects recalled: Pen, Watch, Key, Glasses
Score (number of objects correctly recalled): 4/5

## Task 4: Story recall

- Read a short story or paragraph to the patient.
- After reading, ask the patient to recount as much of the story as they can.

Score (based on the amount and accuracy of details recalled): $5 / 10$

## Overall score

16/28

## Assessor's observations and comments

Include observations about the patient's performance, any notable difficulties, and overall assessment of their short-term memory capabilities:

John demonstrated moderate difficulty with short-term memory tasks. He was able to recall simpler sequences and objects but struggled with more complex information, such as the longer number sequence and specific details of the story. He appeared to have particular difficulty with retaining information over longer intervals. Overall, John's performance suggests some challenges with short-term memory, warranting further evaluation and possibly targeted cognitive interventions.

