Sensory Assessment Checklist

Child's Name:	Date of Birth:
Age:	Date:
Completed by:	Relationship to Child:
Service Provider's Name:	Discipline:

Instructions: Using the sensory processing table below, tick the box using the number that best describes the frequency at which your child demonstrates a certain behaviour. Please ensure you answer each of the items listed, and make comments about the observed behaviour where possible. Please avoid any markings in the Raw Score and Total Raw Score sections.

If you have not observed a certain behaviour, or believe that an item does not apply to your child, you may mark an 'X' through the item number.

Please use the following key to gauge your responses:

1 = Always	Your child always	responds like this.	, 100% of the time.
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2 = Very often Your child responds like this very often, around 75% of the time.

3 = Sometimes Your child occasionally responds like this, around 50% of the time.

4 = Not often Your child very rarely responds like this, around 25% of the time.

5 = Never Your child never responds like this, 0% of the time.

Infant/Toddler Checklist (7 to 35 Months)

Auditory behaviours

1	Is startled by unexpected loud noises	_ 1	Comments:
		□ 2	
		□ 3	
		□ 4	
		□ 5	

2	Does not respond or appear to hear particular sounds	□ 1□ 2□ 3□ 4□ 5	Comments:
3	Makes unexpected noises or outbursts	□ 1□ 2□ 3	Comments:
		4	
		□ 5	
4	Enjoys creating specific sounds that they can	1	Comments:
	repeat over again	_ 2	
		_ 3	
		_ 4	
		_ 5	
5	Does not vocalize or babble	_ 1	Comments:
		□ 2	
		□ 3	
		□ 4	
		_ 5	
6	Has difficulty paying attention	<u> </u>	Comments:
		□ 2	
		□ 3	
		_ 4	
		_ 5	

7	Is easily upset when there is too much noise	□ 1□ 2□ 3□ 4□ 5	Comments:
8	Misinterprets instructions or what is said	□ 1□ 2□ 3□ 4□ 5	Comments:
9	Does not follow one step instructions	□ 1□ 2□ 3□ 4□ 5	Comments:
10	Covers ears to protect ears from sound or when in noisy places	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
			Raw Score =

Body Awareness/Proprioception Behaviours

1	Has trouble with depth perception	□ 1□ 2□ 3□ 4□ 5	Comments:
2	Has difficulty moving through space, is often clumsy or tripping	12345	Comments:
3	Spills things such as food or drinks easily	□ 1□ 2□ 3□ 4□ 5	Comments:
4	Loosely holds objects and has a weak grasp	□ 1□ 2□ 3□ 4□ 5	Comments:
5	Uses heavy force when engaging in play with toys	□ 1□ 2□ 3□ 4□ 5	Comments:

6	Clumsy or bumps into objects or people	_ 1	Comments:
		□ 2	
		□ 3	
		_ 4	
		_ 5	
7	Enjoys or tolerates messy play	_ 1	Comments:
		_ 2	
		□ 3	
		_ 4	
		□ 5	
8	Drags or stamps feet		Comments:
O	when walking	_ 1	Comments.
		_ 2	
		_ 3	
		_ 4	
		_ 5	
8	Slow to begin crawling or	1	Comments:
	walking	□ 1□ 2	
		 3 4	
		-	
10	Finds it challenging to lift objects	<u> </u>	Comments:
		□ 2	
		□ 3	
		_ 4	
		_ 5	
			Raw Score =

Gustatory (Smell/Taste) Behaviours

1	Has difficulty eating, sucking, chewing or swallowing	□ 1□ 2□ 3□ 4□ 5	Comments:
2	Finds it challenging trying new foods or textures	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
3	Has very specific food preferences, often picky	_ 1	Comments:
4	Chews or licks non-food items	□ 1□ 2□ 3□ 4□ 5	Comments:
5	Gags easily when using utensils or with certain textures	□ 1□ 2□ 3□ 4□ 5	Comments:

6	Is easily distressed by certain smells	□ 1□ 2	Comments:
		_ 3	
		_ 4	
		_ 5	
7	Mouths nonfood items like toys	<u> </u>	Comments:
		_ 2	
		_ 3	
		_ 4	
		_ 5	
8	Has strong preferences towards specific smells	_ 1	Comments:
	3, 3, 3, 3, 3, 3, 3, 3, 3, 3, 3, 3, 3, 3	_ 2	
		_ 3	
		_ 4	
		_ 5	
9	Has strong preferences towards specific food	_ 1	Comments:
	items	_ 2	
		□ 3	
		□ 4	
		_ 5	
10	Does not smell any strong or unusual smells	_ 1	Comments:
		_ 2	
		□ 3	
		□ 4	
		_ 5	
			Raw Score =

Tactile Behaviours

1	Dislikes messy play, having sticky hands, or dirty clothes	□ 1□ 2□ 3□ 4□ 5	Comments:
2	Dislikes showering, brushing hair or cutting nails	□ 1□ 2□ 3□ 4□ 5	Comments:
3	Dislikes being cuddled or held	□ 1□ 2□ 3□ 4□ 5	Comments:
4	Becomes distressed when unexpectedly touched	□ 1□ 2□ 3□ 4□ 5	Comments:

5	Has specific preferences with clothing types and textures	□ 1□ 2□ 3□ 4□ 5	Comments:
6	Does not sit or stand too near to other infants/toddlers	□ 1□ 2□ 3□ 4□ 5	Comments:
7	Does not notice when hands, face, or clothes are messy or sticky	□ 1□ 2□ 3□ 4□ 5	Comments:
8	Repetitively touches other people or objects	□ 1□ 2□ 3□ 4□ 5	Comments:

	Has a very high pain tolerance	□ 1□ 2□ 3□ 4□ 5	Comments:
10	Is unaware of when they are being touched or bumped	□ 1□ 2□ 3□ 4□ 5	Comments:
			Raw Score =

Vestibular/Balance Behaviours

1	Has trouble sitting in one place	□ 1□ 2□ 3□ 4□ 5	Comments:
2	Is not easily dizzied	□ 1□ 2□ 3□ 4□ 5	Comments:

3	Fears climbing or falling	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
4	Dislikes being upside down or leaning backwards	□ 1□ 2□ 3□ 4□ 5	Comments:
5	Constantly hurting themselves	□ 1□ 2□ 3□ 4□ 5	Comments:
6	Has trouble focusing or paying attention	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
7	Is cautious when walking on uneven surfaces or stairs	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:

8	Prefers wearing shoes rather than going barefoot	□ 1□ 2□ 3□ 4□ 5	Comments:		
9	Does not notice when clothes are twisted	□ 1□ 2□ 3□ 4□ 5	Comments:		
10	Always moving or on the go	□ 1□ 2□ 3□ 4□ 5	Comments:		
			Raw Score =		
	Visual Behaviours				

1	Tracks objects with eyes	_ 1	Comments:
		□ 2	
		_ 3	
		_ 4	
		_ 5	

2	Covers eyes or squints with bright lighting	□ 1□ 2□ 3□ 4□ 5	Comments:
3	Is easily startled when approached suddenly	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
4	Difficulties with depth perception	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
5	Has trouble changing focus between objects	□ 1□ 2□ 3□ 4□ 5	Comments:
6	Stares at objects or people for a prolonged time	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:

Child/Early Adolescent (3 to 14 years of age)

Auditory Behaviours

1	Is startled by unexpected loud noises	12345	Comments:
2	Does not respond to their name when called	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
3	Makes unexpected noises or outbursts	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
4	Does not respond to their name when called	12345	Comments:

5	Finds it difficult to concentrate with background noise	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
6	Does not respond to their name, despite having good hearing or awareness of their name	12345	Comments:
7	Has trouble locating sounds or voices	12345	Comments:
8	Prefers causing specific sounds which they like to repeat over again	12345	Comments:
9	Has trouble vocalizing or oral communication	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:

they don't like	3 - 4 - 5	Raw Score =
Places hands over ears when in noisy areas or when hearing sounds	□ 1 □ 2	Comments:

Proprioception Behaviours

1	Is slow to plan new movements	12345	Comments:
2	Often unintentionally knocks or hits things	12345	Comments:
3	Deliberately walks or crashes into objects	12345	Comments:

4	Uses heavy force when engaging in play with toys	12345	Comments:
5	Clumsy or bumps into objects or people	12345	Comments:
6	Prefers to run or hop rather than walk	12345	Comments:
7	Often trips or falls over own limbs	12345	Comments:
8	Prefers walking on their tip toes	12345	Comments:

9	Enjoys or tolerates messy play	12345	Comments:
10	Holds objects loosely with a weak grip	12345	Comments:
			Raw Score =

Gustatory (Smell/Taste) Behaviours

1	Chews or licks nonfood items	12345	Comments:
2	Mouths nonfood items like toys	12345	Comments:

3	Has very specific food preferences, often picky	12345	Comments:
4	Finds it challenging to suck, chew, or swallow	12345	Comments:
5	Gags easily when using utensils or with certain textures	12345	Comments:
6	Has strong preferences towards specific smells	12345	Comments:
7	Has strong preferences towards specific food items	12345	Comments:

8	Does not smell any strong or unusual smells	12345	Comments:	
9	Finds it challenging trying new foods or textures	12345	Comments:	
10	Is easily distressed by certain smells	12345	Comments:	
			Raw Score =	
Tactile Behaviours				

1	Dislikes messy play, having sticky hands, or dirty clothes	_ 1 _ 2	Comments:
		_ 3	
		_ 4	
		_ 5	

2	Dislikes showering, brushing hair or cutting nails	12345	Comments:
3	Dislikes being cuddled or held	12345	Comments:
4	Becomes distressed when unexpectedly touched	12345	Comments:
5	Has specific preferences with clothing types and textures	12345	Comments:

6	Does not sit or stand too near to other children	12345	Comments:
7	Does not notice when hands, face, or clothes are messy or sticky	12345	Comments:
8	Repetitively touches other people or objects	12345	Comments:
9	Has a very high pain tolerance	12345	Comments:

10	Is unaware of when they are being touched or bumped	12345	Comments:
			Raw Score =

Vestibular/Balance Behaviours

1	Has trouble sitting in one place	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
2	Is not easily dizzied	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:
3	Fears climbing or falling	_ 1 _ 2 _ 3 _ 4 _ 5	Comments:

4	Has trouble focusing or paying attention	12345	Comments:
5	Dislikes being upside down or leaning backwards	12345	Comments:
6	Constantly hurting themselves	12345	Comments:
7	Is cautious when walking on uneven surfaces or stairs	12345	Comments:

1	Tracks objects with eyes	V 13 u 1	Comments:			
	Visual Behaviours					
			Raw Score =			
		_ 5				
		_ 4				
		_ 3				
		_ 2				
10	Constantly moving	_ 1	Comments:			
		_ 5				
		_ 4				
		_ 3				
		_ 2				
9	Does not notice when clothes are twisted	_ 1	Comments:			
		_ 5				
		_ 4				
		_ 3				
	rather than going barefoot	_ 2				
8	Prefers wearing shoes rather than going	□ 1	Comments:			

_ 3

_ 5

2	Covers eyes or squints with bright lighting	12345	Comments:
3	Is easily startled when approached suddenly	12345	Comments:
4	Difficulties with depth perception	12345	Comments:
5	Stays within the lines when colouring, drawing, or writing	12345	Comments:
6	Finds it difficult to find objects	12345	Comments:

7	Has difficulty understanding directions like left/right	12345	Comments:
8	Finds it challenging completing puzzles	12345	Comments:
9	Reports seeing double or blurred images	12345	Comments:
10	Easily distracted by moving visual objects or people	12345	Comments:
			Raw Score =