# Risk for Injury Care Plan

| Patient Information |
| --- |
| Name: Logan Briggs |
| Age: 75 |
| Gender: Male |
| Medical History: |
| Hypertension, Osteoarthritis |
| Allergies: |
| None |
| **Assessment Findings** |
| Mobility Status: Limited mobility due to osteoarthritis, uses a cane for assistance. |
| Cognitive Function: Intact cognitive function, oriented to person, place, and time. |
| Medication Use: Takes Lisinopril for hypertension, no known side effects reported. |
| Environmental Factors: Home environment is cluttered with loose rugs and uneven surfaces. |
| **Nursing Diagnoses** |
| 1. Risk for falls related to limited mobilitt and environmental hazards.<br>2. Risk for traumatic brain injury related to potential falls and antihypertensive medication use. |
| **Goals** |
| 1. Patient will remain free from falls during hospitalization.<br>2. Patient will demonstrate improved awareness of environmental hazards and safety measures. |

## Interventions

1. Provide a walker for increased stability and encourage its use during ambulation.
2. Remove clutter and secure loose rugs in the patient’s home environment.
3. Educate patient and family on fall prevention strategies, such as using handrails and avoiding slippery surfaces.
4. Monitor blood pressure regularly to ensure medication effectiveness and prevent orthostatic hypotension.
5. Collaborate with physical therapy for gait training and strengthening exercises.

## Evaluation Criteria

1. Patient will report no fall during hospitalization.
2. Patient and family will demonstrate correct use of assistive devices and implementation of safety measures.
3. Blood pressure will remain within normal range without adverse effects.
4. Patient's mobility and balance will improve as evidenced by increased independence in activities of daily living.

## Additional Notes