

# Risk For Aspiration Nursing Care Plan

## Patient Information

- Name: \_\_\_\_\_
- Age: \_\_\_\_\_
- Medical History: \_\_\_\_\_
- Relevant Diagnoses: \_\_\_\_\_
- Current Medications: \_\_\_\_\_

## Assessment

- **Physical Assessment Findings**
  - Dysphagia: \_\_\_\_\_
  - Decreased Level of Consciousness: \_\_\_\_\_
  - Difficulty Swallowing: \_\_\_\_\_
  - Cough Reflex: \_\_\_\_\_
  - Gag Reflex: \_\_\_\_\_
  - Oral Secretions Handling: \_\_\_\_\_
- **History of Aspiration/Near-Aspiration Events**
- **Nutritional Assessment**
  - Weight: \_\_\_\_\_
  - Dietary Intake: \_\_\_\_\_
  - Hydration Status: \_\_\_\_\_

## Nursing Diagnosis

- Risk for Aspiration related to: \_\_\_\_\_

## Planning

- **Goals**
  - Short-term Goal: \_\_\_\_\_
  - Long-term Goal: \_\_\_\_\_
- **Specific Objectives**

## Interventions

- **Respiratory Status Monitoring**

- Frequency: \_\_\_\_\_

- Notes: \_\_\_\_\_

- **Positioning**

- Bed Elevation: \_\_\_\_\_

- Notes: \_\_\_\_\_

- **Swallowing Assessment**

- Techniques/Findings: \_\_\_\_\_

- Speech Therapist Consultation: \_\_\_\_\_

- **Aspiration Precautions**

- Measures: \_\_\_\_\_

- Notes: \_\_\_\_\_

- **Patient and Family Education**

- Topics: \_\_\_\_\_

- Notes: \_\_\_\_\_

- **Dietary Collaboration**

- Dietitian's Recommendations: \_\_\_\_\_

- Notes: \_\_\_\_\_

## **Evaluation**

- **Progress Towards Goals:** \_\_\_\_\_

- **Adjustments to Care Plan:** \_\_\_\_\_

## **Additional Notes**