

# Risk Assessment

**Task or Activity:**

**Date:**

**Assessor:**

Please locate the instructions detailing the information to be entered in the chart provided below.

Section 1: Hazard Identification	Section 2: Risk Assessment	Section 3: Risk Control Measures	Section 4: Monitoring and Review

## Section 1: Hazard Identification

1. List all potential hazards associated with the task or activity. Consider physical, chemical, biological, ergonomic, and psychosocial hazards.
2. Describe the potential harm or damage that each hazard could cause.

## Section 2: Risk Assessment

1. For each identified hazard, assess the likelihood of harm or damage occurring. Use the following ratings:
  - Low: Unlikely to occur
  - Medium: Possible to occur
  - High: Likely to occur
2. For each identified hazard, assess the severity of potential harm or damage. Use the following ratings:
  - Minor: Minor injury or discomfort
  - Moderate: Injury or illness requiring medical attention
  - Major: Serious injury or illness, disability, or death
3. Multiply the likelihood and severity ratings for each hazard to determine the overall risk level. Use the following risk matrix:

Likelihood	Severity	Risk Level
Low	Minor	Low
Low	Moderate	Low
Low	Major	Medium
Medium	Minor	Medium
Medium	Moderate	Medium
Medium	Major	High
High	Minor	High
High	Moderate	High
High	Major	High

### **Section 3: Risk Control Measures**

1. For each hazard with a medium or high-risk level, identify and implement appropriate control measures to reduce or eliminate the risks. Consider elimination, substitution, engineering controls, administrative controls, and personal protective equipment (PPE).
2. Describe the specific control measures implemented for each hazard.

### **Section 4: Monitoring and Review**

1. Establish a system for monitoring the effectiveness of risk control measures and reviewing the risk assessment regularly.
2. Update the risk assessment as needed when changes occur to the task, activity, or work environment.