Relationship Questionnaire (RQ)

Name:	of each i	item or	i a scal	e of 1 t	0 7.			
Age:								
Date:								
Legend:								
1 - Not at all applicable								
2 - Slightly applicable								
3 - Somewhat applicable								
4 - Moderately applicable								
5 - Fairly applicable								
6 - Very applicable								
7 - Extremely applicable								
Parameters	1	2	3	4	5	6	7	
I feel comfortable sharing my thoughts and emotions with my partner.								
My partner and I trust each other completely.								
I worry that my partner might leave me.								
I often seek reassurance from my partner about their feelings for me.								
I find it easy to depend on my partner.								
I feel uneasy when my partner gets too								

I often doubt if my partner truly cares

about me.

I prefer to rely on myself rather than depend on my partner.				
My partner and I communicate openly and effectively.				
I often fear rejection from my partner.				
I have a strong need for closeness and intimacy in my relationship.				
My partner understands and meets my emotional needs.				
I tend to avoid getting too attached to my partner.				
I feel anxious when my partner is not available.				
I am confident in my partner's commitment to our relationship.				
I sometimes feel overwhelmed by my partner's emotional demands.				
I value my independence and personal space in the relationship.				
My partner supports and encourages my personal growth and goals.				