## **Relationship Questionnaire (RQ)**

<b>Instructions:</b> Please rate the applicability of each item on a scale of 1 to 7.										
Name:										
Age:										
Date:										
Legend:										
1 - Not at all applicable										
2 - Slightly applicable										
3 - Somewhat applicable										
4 - Moderately applicable										
5 - Fairly applicable										
6 - Very applicable										
7 - Extremely applicable										
Parameters	1	2	3	4	5	6	7			
I feel comfortable sharing my thoughts and emotions with my partner.										
My partner and I trust each other completely.										
completely.										
I worry that my partner might leave me.		0								
I worry that my partner might leave me.  I often seek reassurance from my										

I often doubt if my partner truly cares

about me.

I prefer to rely on myself rather than depend on my partner.				
My partner and I communicate openly and effectively.				
I often fear rejection from my partner.				
I have a strong need for closeness and intimacy in my relationship.				
My partner understands and meets my emotional needs.				
I tend to avoid getting too attached to my partner.				
I feel anxious when my partner is not available.				
I am confident in my partner's commitment to our relationship.				
I sometimes feel overwhelmed by my partner's emotional demands.				
I value my independence and personal space in the relationship.				
My partner supports and encourages my personal growth and goals.				