

R Worksheets for Speech Therapy

Name:

Age:

Date:

Part I: Sound warm-up

Instructions: Practice the "R" sound in isolation. Begin with a slow "rrrrrr" sound, holding it steady for 3-5 seconds. Repeat 10 times.

Part II: "R" syllables

Instructions: Combine "R" with vowels. Say each syllable slowly, then repeat three times at a conversational pace.

- ra, re, ri, ro, ru
- ar, er, ir, or, ur

Part III: Word practice

Instructions: Practice saying each word out loud, focusing on the "R" sound. Repeat each word 5 times. *Tip: Keep your tongue slightly raised toward the roof of your mouth, without touching it.*

- | | |
|------------|--------------|
| 1. River | 6. Carrot |
| 2. Rainbow | 7. Crown |
| 3. Roar | 8. Raindrop |
| 4. Rocket | 9. Farmer |
| 5. Round | 10. Treasure |

Part IV: Minimal pairs

Instructions: Say each pair of words. Focus on the difference between the "R" sound and a similar sound.

1. Red / Led
2. Right / Light
3. Race / Lace
4. Wreck / Neck
5. Rug / Bug

Part V: Sentence practice

Instructions: Say each sentence slowly, then repeat it at a natural pace. Focus on articulating the "R" sound.

1. The rabbit raced down the rocky road.
2. Rachel saw a red rose by the river.
3. My brother drives a bright red car.
4. The rainbow appeared after the rainstorm.
5. The pirate found treasure on the shore.

Part VI: Tongue twisters

Instructions: Repeat each tongue twister three times, focusing on clear articulation.

1. **Roger's red rocket races around rugged rocks.**
2. **Rowdy roosters race rapidly on rainy roads.**
3. **Rachel read a rare red recipe for radishes.**
4. **Ricky's raccoon ran 'round the riverbank.**

1. Roger's red rocket races around rugged rocks.
2. Rowdy roosters race rapidly on rainy roads.
3. Rachel read a rare red recipe for radishes.
4. Ricky's raccoon ran 'round the riverbank.

Part VII: Create your own

Instructions: Think about the words you find most challenging to pronounce with the "R" sound. Write them down in the space below, and practice saying each word slowly and clearly. Repeat each word five times. Focus on the correct tongue placement and clear articulation of the "R" sound.

Progress tracker

Additional notes