

Psychophysiological Assessment

Patient Information	
Name:	Patient ID:
Date of Birth:	Date of Assessment:
Referring Clinician:	
Reason for Assessment:	
Assessment Objectives	
<ul style="list-style-type: none">• To evaluate the relationship between physiological responses and psychological conditions.• To identify specific physiological markers associated with the patient's reported symptoms.• To contribute to a comprehensive diagnostic understanding that informs treatment planning.	
Background Information	
Medical History	
Current Medications:	
Previous Illness / Surgeries:	
Psychiatric History	
Previous Diagnosis:	
Current / Past Treatments:	
Symptom Presentation	
Primary Complaints:	
Duration of Symptoms:	
Severity (scale 1-10):	
Triggers / Aggravating Factors:	
Alleviating Factors:	

Psychophysiological Measures

1. Heart Rate Variability (HRV):

Measures the variation in time between each heartbeat, indicating autonomic nervous system activity.

2. Galvanic Skin Response (GSR):

Measures changes in sweat gland activity as an indicator of emotional arousal.

3. Electromyography (EMG):

Assesses muscle activation and tension.

4. Respiration Rate:

Monitors breathing patterns and rate.

5. Electroencephalography (EEG):

Tracks and records brain wave patterns.

6. Temperature Biofeedback:

Measures body temperature as a stress indicator.

Assessment Procedure

Pre-Assessment Instructions

Fasting Requirements:

Medication Adjustments:

Activity Restrictions:

Equipment Used

- HRV Monitor, GSR Device, EMG Electrodes, EEG Cap, etc.

Testing Environment

- Quiet, temperature-controlled room with minimal distractions.

Procedure Steps

1. Baseline measurements taken in a resting state.
2. Introduction of stimuli or tasks designed to elicit a psychophysiological response.
3. Continuous monitoring and recording of physiological responses.
4. Post-assessment debrief and relaxation period.

Findings and Interpretation	
Heart Rate Variability (HRV)	
Baseline: ms	Response to Stimuli: ms
Galvanic Skin Response (GSR)	
Baseline: μS	Response to Stimuli: μS
Electromyography (EMG)	
Baseline: μV	Response to Stimuli: μV
Respiration Rate	
Baseline: breath / min	Response to Stimuli: breath / min
Electroencephalography (EEG)	
Notable Patterns:	
Temperature Biofeedback	
Baseline: $^{\circ}\text{C}$	Response to Stimuli: $^{\circ}\text{C}$
Summary and Recommendations	
Overall Assessment	
Specific Concerns / Findings	
Treatment Recommendations	

Further Testing Needed**Assessor's Signature:****Date:****Patient Consent for Assessment and Use of Data**

I consent to the psychophysiological assessment and the use of my data for diagnostic and treatment planning purposes.

Patient / Guardian Signature:**Date:**