

# Psychology Career Test

**Instructions:** Read through the statements in this test and respond according to your personal connection to them. When answering, refer to the scale below:

**1 = Strongly disagree | 2 = Disagree | 3 = Neutral | 4 = Agree | 5 = Strongly agree**

	1	2	3	4	5
I enjoy helping others navigate through their personal challenges.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am curious about understanding human behavior and the mind.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can handle emotionally challenging situations with empathy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have good communication and listening skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am comfortable with continuous learning and staying updated on research.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am interested in diverse career options within psychology, such as counseling, research, or education.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can maintain a balance between empathy and objectivity.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am willing to pursue extensive education, potentially a doctoral degree.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am resilient and capable of handling stress and potential burnout.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am passionate about contributing to mental health awareness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I enjoy conducting research and analyzing data to better understand psychological phenomena.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	1	2	3	4	5
I am comfortable maintaining professional boundaries and confidentiality in your interactions with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am open to working in various settings, such as schools, healthcare, or private practice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can adapt to different communication styles and effectively convey complex psychological concepts to diverse audiences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have a strong ethical foundation and the ability to navigate ethical dilemmas in professional practice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Your results

After you have completed the test, you can add your scores up from each question. For each question, if you respond with, for example, "Agree," you would assign a score of 4 to that question. If you responded with "Strongly Disagree," you would assign a score of 1.

### Your score:

Score key	
15 - 30	<p><b>Considerable misalignment</b></p> <p>A career in psychology may not be the best fit at the moment for you. You may wish to explore other options that better match your interests and strengths.</p>
31 - 45	<p><b>Moderate alignment</b></p> <p>While there are some aspects of psychology that appeal to you, it's important to weigh the pros and cons. You may want to take time to explore further and consider talking to professionals in the field for insights.</p>
46 - 75	<p><b>Strong alignment</b></p> <p>Your responses suggest a good fit for a career in psychology. Explore educational and career paths within the field, and consider seeking guidance from professionals or academic advisors.</p>

**Disclaimer:** It's crucial to note that this test isn't meant to provide a definitive answer about your career path. Rather, its goal is to help unveil your strengths, talents, and interests that align with psychology.