Psychiatric Evaluation Template

Patient Name: Melanie Padilla		**Date:** May 17, 2023	
DoB: September 17, 1992	**Age:** 30	**Sex:** Female	**Gender:** She/Her
Contact Number: (216) 317-6451		**Email:** melaniepadilla@gmail.com	
Accompanied By: Lane Clem		**Relationship to Patient:** Friend and Roommate	
Emergency Contact Name: Felicia Padilla		**Phone Number:** (713) 858-3388	
Patient's Signature: Melanie Padilla			

Chief Complaint and Duration

Feeling sluggish and demotivated for the past few months. Been having headaches for hte past few weeks.

Clinical Review

1. Psychosocial History

Single. Not taking any medications. No history of alcohol or drug use. Only child and currently the sole provider of the family ever since father retired from work.

2. Medical/Mental Health Treatment History

Talked to a therapist before but haven't been diagnosed with a mental illness.

3. Educational/Work History

Recently got a Master's Degree. Have been working since I was in college as a content creator. Just got a job as a data analyst during my post grad studies.

4. Social Work History

Meetup with friends over hobbies. Volunteer to occasionally teach people how to create art.

5. Family History

Immediate and extended family have at least one chronic disease but no mental illnesses.

6. Other

None.

Symptoms

Sleep

Sleep more than 10 hours on some days.

Interests

Don't attend as many meetings or volunteer as often compared to before.

Guilt

Feeling guilty that I can't attend to as many meetings or volunteer as often. Also, my roommate takes care of me more often recently.

Energy

Feeling more lethargic these past few weeks.

Concentrating

Have trouble concentrating after waking up.

Appetite

Don't have much of an appetite recently.

Suicidal Ideation

None.

Homicidal Ideation

None.

Mood (Range 0-10)

6

Mental Status Exam

Observation Detail: Complete each category below for all clients

Appearance

She looks a bit dishiveled.

Speech

She's still capable of talking well and explaning herself albeit her voice is a bit soft.

Attitude and Behaviour

Mostly feels guilty about what's happening to her.

Mood and Affect

She seems tired.

Mental Status Exam (Continued)

Additional Detail: If not within normal limits in each category below, provide observation detail

Though Process and Content; within normal limits? ☑ Yes ☐ No If no, provide detail below:

Orientation; within normal limits? ☑ Yes ☐ No If no, provide detail below:

Perception; within normal limits? ☑ Yes ☐ No If no, provide detail below:

Memory; within normal limits? ☐ Yes ☑ No If no, provide detail below:

Her roommate says she's having trouble remembering recent things as well as some things from her childhood. Though she completed the task given to her, it took her several tries to get it right.

Fund of Knowledge; within normal limits? ☑ Yes ☐ No If no, provide detail below:

Concentration; within normal limits? ☑ Yes ☐ No If no, provide detail below:

She gets distracted often and it takes her several tries to get back on topic.

Abstract Thought; within normal limits? ☑ Yes ☐ No If no, provide detail below:

Insight and Judgement; within normal limits? ☐ Yes ☑ No If no, provide detail below:

There is a mild impairment to judgment when asked.

Psychiatrist's Name: Dr. Parker Stockwell	**Psychiatrist's Signature:**