

Psych Nursing Assessment Cheat Sheet

| Assessment tool | Component parts |
|---------------------------|--|
| Biopsychosocial history | <ul style="list-style-type: none">• Chief complaint• History of present illness• Psychiatric history• Alcohol and substance use history• Medical history• Family history• Developmental history• Social history• Occupational/educational history• Culture• Spirituality• Coping skills |
| Mental status examination | <ul style="list-style-type: none">• Behavior and appearance• Emotions: mood and affect• Speech• Thought process and content• Perceptual disturbances• Impulse control• Cognition and sensorium• Knowledge, insight, and judgment |
| Psychological tests | Multiple tools, including rating scales |
| Physical assessment | <ul style="list-style-type: none">• Physical examination• Assessment of activities of daily living• Laboratory tests• CT scans/other diagnostic tests |
| Additional notes | |
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Reference

Carniaux-Moran, C. (2008). The psychiatric nursing assessment. In O'Brien, P.G., Kennedy, W.Z., Ballard, K.A. *Psychiatric mental health nursing: An introduction to theory and practice*. Jones & Bartlett. https://samples.jblearning.com/0763744344/44344_ch03_039_064.pdf