

A1C Chart

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|--|--|---------|-------|----------------|--|
| Name: | | | Date: | | |
| Age: | Gender: | Weight: | | Height: | |
| A1C level | | | | | |
| <p>An A1C Chart is a graphical representation of the A1C test results, which is a measure of the average blood glucose levels over the past 2-3 months. The chart shows the relationship between A1C values and estimated average blood glucose levels in mg/dL or mmol/L.</p> | | | | | |
| A1C Chart | | | | | |
| Average Percentage | Estimated Average Glucose (EAG) | | | Interpretation | |
| < 5.7% | <117 mg / dL 6.5 mmol/L | | | Normal | |
| 5.7 – 6.4% | 117 – 137 mg / dL 6.5 – 7.6 mmol /L | | | Pre-diabetic | |
| > 6.4% | > 137 mg / dL 7.6 mmol/L | | | Diabetic | |
| 6.5% | 140 mg / dL 7.8 mmol/L | | | Increased risk | |
| 7% | 154 mg / dL 8.6 mmol/L | | | | |
| 7.5% | 169 mg / dL 9.4 mmol/L | | | | |
| 8% | 183 mg / dL 10.1 mmol/L | | | | |
| 8.5% | 197 mg / dL 10.9 mmol/L | | | | |
| 9% | 212 mg / dL 11.8 mmol/L | | | | |
| 9.5% | 226 mg / dL 12.6 mmol/L | | | | |
| 10% | 240 mg / dL 13.4 mmol/L | | | | |
| Additional Notes | | | | | |
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