

Preeclampsia Nursing Care Plan

Patient Information

Name:

Age:

Medical History:

Pregnancy Details (Gestational Age, etc.):

Current Medications:

Assessment

Blood Pressure Readings:

Presence of Proteinuria:

Symptoms (e.g., headache, blurred vision, abdominal pain):

Fetal Assessment (if applicable):

Edema Assessment:

Reflexes (e.g., deep tendon reflexes):

Nursing Diagnosis

Risk for Decreased Cardiac Output related to:

Risk for Fetal Injury related to:

Anxiety related to:

Planning

- **Goals**

- Short-term Goal:
- Long-term Goal:

- **Specific Objectives**

Interventions

- **Monitoring**

- Blood Pressure Monitoring:

- Urine Protein Monitoring:

- Fetal Monitoring:

- **Positioning**

- Left Lateral Position:

- **Seizure Precautions**

- Magnesium Sulfate Administration:

- Observation for Signs of Eclampsia:

- **Fluid Management**

- IV Fluids:
- Oral Fluids:

- **Patient Education**

- Disease Process:

- Signs of Worsening Condition:

- Dietary Recommendations:

Evaluation

- **Response to Interventions:**
- **Blood Pressure Control:**
- **Fetal Well-being:**

Additional Notes