

# Post-Op Nursing Assessment

Patient Information
Full Name:
Date of Birth:
Gender:
Patient ID:
Contact Number:
Email Address:

## Nursing Goals of Care

1. Maintaining adequate body system functions.
2. Restoring body homeostasis.
3. Pain and discomfort alleviation.
4. Preventing postoperative complications.
5. Promoting adequate discharge planning and health teaching.

## Patient Assessment:

Assessment	Notes/Referral
Assess air exchange status and note patient's skin color	
Verify patient identity. The nurse must also know the type of operative procedure performed and the name of the surgeon responsible for the operation.	
Neurologic status assessment. Level of consciousness (LOC) assessment and Glasgow Coma Scale (GCS) are helpful in determining the neurologic status of the patient.	
Cardiovascular status assessment. This is done by determining the patient's vital signs in the immediate postoperative period and skin temperature.	

Operative site examination. Dressings should be checked.

**Further Assessment:**

<b>Assess:</b>	<b>Notes:</b>
<b>Airway</b>	
<b>Breathing</b>	
<b>Circulation</b>	
<b>Thermoregulation</b>	
<b>Fluid Volume</b>	
<b>Safety</b>	
<b>GI Function and Nutrition</b>	
<b>Comfort</b>	
<b>Drainage</b>	
<b>Skin Integrity</b>	

<b>Assessing and Managing Voluntary Voiding</b>	
<b>Encouraging Activity</b>	
<b>Gerontologic Considerations</b>	

**Physician's Notes and Recommendations**

**Physician's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_