

Pneumonia Nursing Care Plan

Patient Information

Full Name: _____

Date of Birth: ____ / ____ / _____ Gender: _____

Patient ID: _____

Contact Number: _____

Email Address: _____

Existing medical conditions: _____

Ineffective Airway Clearance plan

Assessment	Notes / Referral
Respiratory changes: <i>Changes in respiratory rate, rhythm, and depth can be subtle or appear suddenly.</i>	
Ability and effectiveness of cough: <i>inflammation and increased sputum production / increases risk for aspiration pneumonia.</i>	
Sputum sample for culture	

Intervention	Notes / Referral
<ul style="list-style-type: none">• Use of respiratory devices such as flutter valves to mobilize secretions, proper education should be given to the patient on how to effectively use this intervention.• Potential suction especially for patients who have had a tracheostomy.• Nebulizer treatment or other pharmacological intervention to loosen secretions or thin them for ease while coughing.• Immobile patients should be assisted with movement and positioning changes to promote lung expansion.	

Impaired Gas Exchange

Assessment	Notes / Referral
Lung sounds and vital signs: <i>Assess breath sounds, respiratory rate and depth, spO2, blood pressure and heart rate, and capillary refill.</i>	
Mental status changes: <i>Decreased level of consciousness, restlessness, agitation, and lethargy</i>	
ABGs and oxygen saturation	

Intervention	Notes / Referral
<ul style="list-style-type: none">• Encouragement of rest and reduced exertion to limit oxygen consumption.• The prescription of narcotics and sedation should be used with extreme caution when managing pain or anxiety as they have the potential to suppress the respiratory system.• Provide oxygen supplementation to maintain spO2 levels.	

Physician's Notes and Recommendations

Physician's Signature: _____

Date: ____ / ____ / _____