

# Pittsburgh Knee Rules

This comprehensive Pittsburgh Knee Rules template is designed to aid clinicians in evaluating patients with acute knee injuries systematically. It helps determine the necessity of knee radiographs based on well-defined clinical criteria, ensuring appropriate and judicious use of diagnostic imaging.

<b>Patient information</b>
Name:
Age:
Date of assessment:
<b>Injury details</b>
1. Date of injury:
2. Time of injury:
3. Location of injury:
4. Mechanism of injury:
Fall
Blunt trauma
Sports injury
Motor vehicle accident
Other:
<b>Clinical assessment</b>
1. Observations at the scene:
2. Ability to bear weight:
Can the patient independently walk four weight-bearing steps in the emergency department?
Yes      No
3. Age consideration:
Is the patient younger than 12 or older than 50?
Yes      No
4. Visible signs of injury:

**Pain assessment**

1. Location of pain:

2. Intensity of pain:

1      2      3      4      5      6      7      8      9      10

3. Characteristics of pain (sharp, dull, throbbing, etc.):

**Radiograph decision**

1. Is a radiograph required?

Based on the Pittsburgh Knee Rules, determine the necessity for radiographic evaluation.

Yes      No

2. Rationale for decision:

**Further actions/notes**

1. Immediate interventions:

2. Referral to specialists:

3. Follow-up requirements:

**Signature**

Clinician's signature:

Date: