

# Pisiform Fracture Test

Name:

Date:

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## Instructions

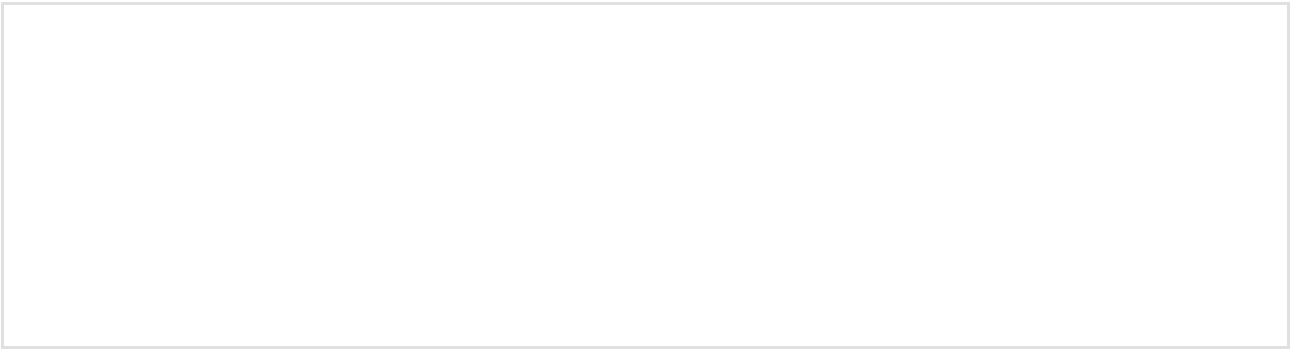
1. Instruct the patient to sit comfortably on a chair with their elbow resting on a table or armrest.
2. Place your thumb over the pisiform bone, which is located on the ulnar side of the wrist, just below the pinky finger.
3. Using gentle pressure, try to move the pisiform bone in a circular motion.
4. Ask the patient if they feel any pain or discomfort during this movement.
5. Next, ask the patient to bend their wrist towards their palm and then extend it back as far as they can.
6. While the patient is performing this motion, apply gentle pressure with your thumb on the pisiform bone.
7. Again, ask the patient if they feel any pain or discomfort during this movement.
8. Repeat steps 4-7 on the other wrist to compare and assess for any differences in symptoms or pain levels.
9. Note any tenderness, swelling, or clicking sound that may be present during the test.
10. If the patient experiences pain or discomfort during manual palpitation of the pisiform bone, there may be a possible fracture or injury.

**Note:** After performing the manual palpitation, if there is a suspicion of a pisiform fracture or injury, imaging techniques such as X-rays or MRI may be necessary for further diagnosis and treatment planning.

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## Findings:

**Additional notes:**

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