## **Picture Psychology Test**

## **Patient Information:**

Name:
Age:
Gender:
Date of Birth:
Occupation:
Referring Physician/Therapist:
Date of Assessment:
In this test, you will be presented with a series of images. Please take your time to observe each image carefully and then respond to the questions or prompts provided. There are no right or wrong answers; we are interested in your immediate thoughts, feelings, and associations with each image.  Please provide your responses honestly and to the best of your ability.
Image 1:
[Insert/show Image]

## **Questions:** 1. What thoughts or feelings come to mind when you look at this image? 2. Describe any memories or experiences that this image reminds you of. 3. How does this image make you feel? Please rate your emotional response on a scale from 1 to 10 (1 being very negative and 10 being very positive). 4. What do you think is happening in this image? What story or narrative do you see?

5. What would it be if you were to give this image a title?	
Image 2:	
Questions:	
1. What is your initial reaction to this image?	

2. How does this image relate to your current life situation or challenges you may be facing?
3. Do you feel any emotional connection to this image? If so, what emotions does it evoke?
4. What do you think is the main theme or message of this image?
5. How does this image compare to your values or beliefs?

Image 3:
Questions:  1. What is the first word that comes to mind when you see this image?
Describe any physical sensations or bodily reactions you experience while looking at this image.

3. How does this image reflect your aspirations or goals for the future?
4. What do you think the artist or creator of this image was trying to convey?
5. How does this image resonate with your personality or identity?
Additional Comments:
Please use this space to provide additional thoughts, reflections, or insights about the images or the test.