

# PHQ-2 Scoring

Patient Name:

Date of Assessment:

## PHQ-2 Questions and Responses

Over the last two weeks, how often have you been bothered by little interest or pleasure in doing things?

- Not at all (0)
- Several days (1)
- More than half the days (2)
- Nearly every day (3)

Over the last two weeks, how often have you been bothered by feeling down, depressed, or hopeless?

- Not at all (0)
- Several days (1)
- More than half the days (2)
- Nearly every day (3)

## PHQ-2 Scoring

Total Score: \_\_\_\_\_ (Sum of responses for questions 1 and 2)

## Interpretation

<b>0-1:</b> Minimal or no depressive symptoms.
<b>2-3:</b> Mild depressive symptoms.
<b>4-6:</b> Moderate to severe depressive symptoms.

## Recommendations:

Based on the PHQ-2 score and clinical judgment, consider the following actions:

- No further action is required for minimal symptoms.
- Monitor for worsening symptoms if mild symptoms are present.
- Conduct a more comprehensive assessment or initiate treatment for moderate to severe symptoms.
- Consider referral to a mental health specialist if indicated.

**Notes:**

**Provider's Signature:**

**Date:**