

Pulmonary Function Test - Spirometry

Patient's full name:

Date accomplished:

Age:

Sex:

- Male
- Female
- Non-binary

Clinician's full name:

TEST 1

Forced Vital Capacity (FVC)	
Forced Expiratory Volume (FEV1)	
FEV1 / FVC Ratio	

TEST 2

Forced Vital Capacity (FVC)	
Forced Expiratory Volume (FEV1)	
FEV1 / FVC Ratio	

TEST 3

Forced Vital Capacity (FVC)	
Forced Expiratory Volume (FEV1)	
FEV1 / FVC Ratio	

Best Test: _____ (indicate the highest scoring test)

Additional Comments:

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Pulmonary Function Test - Spirometry Score Designations

For Forced Vital Capacity (FVC) and Forced Expiratory Volume (FEV1):

Equal to or greater than 80%	Normal
70 - 79%	Mild
60 - 69%	Moderate
Less than 60%	Severe

For FEV1 / FVC Ratio:

Equal to or greater than 70%	Normal
60 - 69%	Mild
50 - 59%	Moderate
Less than 50%	Severe

Just as a reminder, if the scores fall below normal, then they're considered abnormal. If the FVC is abnormal, the lungs are restricted from reaching their normal air capacity, which is indicative of restrictive lung disease.

On the other hand, if the FEV1 and the FEV1/FVC ratio are abnormal, there is a decrease in airflow in their lungs, which is indicative of obstructive lung disease.