

Personality Questionnaire

Patient Information

Name	
Age	
Gender	
Profession	
Date of Assessment	

Test Proper

Extraversion

	Always (4 points)	Often (3 points)	Someti mes (2 points)	Rarely (1 point)	Never (0 points)
1. I prefer to work in a team rather than working alone.					
2. I often feel energetic and full of life.					
3. I enjoy interacting with new people.					
4. I am usually the life of the party.					
5. I prefer solitary activities than socializing with groups.					

Emotional Stability

	Always (4 points)	Often (3 points)	Someti mes (2 points)	Rarely (1 point)	Never (0 points)
6. I remain calm in stressful situations.					
7. I hardly get upset or angry.					

8. I am easily affected by negative events.					
9. I often feel worried or anxious.					
10. I manage my emotions effectively.					

Conscientiousness

	Always (4 points)	Often (3 points)	Someti mes (2 points)	Rarely (1 point)	Never (0 points)
11. I keep my workspace clean and organized.					
12. I tend to procrastinate on my tasks.					
13. I usually complete my tasks ahead of deadlines.					
14. I always follow a strict daily routine.					
15. I enjoy organizing tasks and events.					

Agreeableness

	Always (4 points)	Often (3 points)	Someti mes (2 points)	Rarely (1 point)	Never (0 points)
16. I consider the feelings of others before making decisions.					
17. I enjoy helping others.					
18. I have a hard time understanding others' perspectives.					
19. I am patient with others.					
20. I can be blunt and insensitive.					

Openness to Experience

	Always (4 points)	Often (3 points)	Sometim es (2 points)	Rarely (1 point)	Never (0 points)
21. I love trying new things.					
22. I enjoy creative tasks.					
23. I stick to what I know.					
24. I have a wide variety of interests.					
25. I dislike changes in my routine.					

Total Score: _____

Overall Interpretation

Total Score	Interpretation
80-100	Your responses indicate strong extroverted tendencies, high emotional stability, and superior organization skills. You likely excel in team settings, embrace new experiences, and handle stress well.
60-79	You possess moderate extroverted characteristics, solid emotional balance, and respectable organizational abilities. You tend to work well in a team, adapt to new experiences, and manage stress effectively.
40-59	Your personality traits fall within the average range. You have a balance of extroverted and introverted tendencies, reasonable emotional stability, and moderate organization skills.

20-39	The responses suggest that you might lean towards introverted behavior, struggle with emotional instability, and have organizational challenges. You may prefer solitary activities, struggle with stress, and find planning tasks challenging.
0-19	You exhibit strong introverted tendencies, emotional instability, and disorganization. You may feel nervous in social situations, find it challenging to manage stress, and struggle with organizing tasks.