

# Peer Pressure Worksheet

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Peer pressure: Risks and rewards

Imagine a situation where you may feel peer pressured. this may be something that you've experienced in the past or are weary of facing in the future. Follow the prompts to assess the risks and benefits of saying yes and no.

Scenario
Saying yes
List at least 2 risks
List at least 2 benefits
Saying no
List at least 2 risks
List at least 2 benefits
Did the risks outweigh the benefits? Are the risks worth it?
Is this a scenario of negative or positive peer pressure? Why?