

Peer Pressure Worksheet

Name

Date

Peer Pressure: Risks and Rewards

Imagine a situation where you may feel peer pressured. This may be something that you've experienced in the past or are weary of facing in the future. Follow the prompts to assess the risks and benefits of saying yes and no.

Scenario

Saying yes

List at least 2 risks

List at least 2 benefits

Saying No

List at least 2 risks

List at least 2 benefits

Did the risks outweigh the benefits? Are the risks worth it?

Is this a scenario of negative or positive peer pressure? Why?