

# Peer Pressure Worksheet

Name

Date

## Peer Pressure: Risks and Rewards

*Imagine a situation where you may feel peer pressured. this may be something that you've experienced in the past or are weary of facing in the future. Follow the prompts to assess the risks and benefits of saying yes and no.*

Scenario

### Saying yes

List at least 2 risks

List at least 2 benefits

### Saying No

List at least 2 risks

List at least 2 benefits

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Did the risks outweigh the benefits? Are the risks worth it?

Is this a scenario of negative or positive peer pressure? Why?