Pediatric Physical Examination

Clinic/Hospital Information	
Name:	Sunshine Pediatric Clinic
Address:	1234 Health Drive, Wellness City, WC 56789
Contact Number:	555-123-4567
Physician/Pediatrician:	Dr. Maria Lopez
Date of Exam:	10/10/2024
Time of Exam:	10:00 AM
Patient Information	
Name:	Lucas Smith
Age:	5 years
Date of Birth:	09/09/2019
Gender:	Male
Parent/Guardian Name:	Emily Smith
Reason for Visit:	Annual Check-up
Medical History	
Past Medical History:	
Asthma	
Immunization Status:	Up-to-date
Allergies (if any):	No known allergies
Medications:	
Albuterol as needed	
Family Medical History:	
Father with history of hypertension	
Dietary Habits:	Balanced diet with fruits, vegetables, and whole grains
Physical Activity Level:	Active, plays outside daily

Vital Signs	
Temperature:	98.6°F
Heart Rate:	92 bpm
Respiratory Rate:	20 breaths/min
Blood Pressure:	100/60 mmHg
Oxygen Saturation:	99%
Growth Measurements	
Weight:	42 lbs
Height/Length:	42 inches
Head Circumference (infants):	N/A
BMI (if applicable):	15.5
Physical Examination	
1. General Appearance	
Behavior:	Cooperative
Nutritional Status:	Well-nourished
Activity Level:	Energetic
2. Skin	
Inspection for Rash, Lesions, Bruises:	Clear
3. Head and Neck	
Head Shape and Fontanelles (infants):	N/A
Eyes (Pupillary Response, Red Reflex):	Normal
Ears (Hearing, Tympanic Membrane Appearance):	Normal, no infection
Nose and Throat (Mucosa, Tonsils, Teeth):	Normal, healthy dentition
4. Cardiovascular	
Heart Sounds:	Regular rhythm, no murmurs
Pulses:	Strong and symmetrical
5. Respiratory	
Breath Sounds:	Clear bilaterally, no wheezing
Respiratory Effect:	Unlabored
6. Gastrointestinal	
Abdominal Palpation:	Soft, non-tender

Liver/Spleen Size: Not palpable
7. Musculoskeletal
Range of Motion: Full in all joints
Muscle Tone and Strength: Good
8. Neurological
Reflexes: Appropriate for age
Sensory and Motor Function: Normal
9. Genitourinary (as indicated)
External Genitalia: Normal
Developmental Screening
Milestones Achieved:
Appropriate for age
Areas of Concern:
None
Immunizations and Preventive Care
Administered Today: None
Scheduled Next: Flu vaccine in November
Assessment and Plan
Findings:
Healthy 5-year-old male with well-controlled asthma
Diagnosis:
No new diagnoses

Treatment Recommendations:
Continue current asthma management plan
Follow-Up Instructions:
Return in 1 year for annual exam or sooner if asthma symptoms worsen
Physician's Signature
Date:10/10/2024
Parent/Guardian Acknowledgment
I, _____Emily Smith_____, acknowledge the findings and recommendations from today's physical exam.
Signature:
Date:10/10/2024