

# PCL-R Checklist

**Patient Name:**

**Date:**

**Evaluator:**

**Instructions:** This checklist is designed to assess psychopathic traits. Please read each item carefully and rate the individual on a 3-point scale:

- **0 = Does not apply**
- **1 = Applies somewhat**
- **2 = Definitely applies**

<b>Factor 1: Interpersonal/Affective:</b>	<b>0</b>	<b>1</b>	<b>2</b>
<b>Glibness/Superficial Charm:</b> Does the individual use charm, flattery, or smooth talk to gain trust or manipulate others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Grandiose Sense of Self-Worth:</b> Does the individual have an inflated sense of self-importance and believe they are superior to others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Need for Stimulation/Proneness to Boredom:</b> Does the individual crave excitement and easily get bored with routine activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Pathological Lying:</b> Does the individual lie frequently and convincingly, often without remorse?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Conning/Manipulativeness:</b> Does the individual exploit others for personal gain through deception or manipulation?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lack of Remorse or Guilt:</b> Does the individual lack remorse for their actions and show no guilt, even when harming others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Shallow Affect:</b> Does the individual show a limited range of emotions or a lack of emotional depth?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Callous Lack of Empathy:</b> Does the individual lack empathy or concern for the feelings of others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Factor 2: Lifestyle/Antisocial:</b>			
<b>Poor Behavioral Controls:</b> Does the individual lack impulse control and often engage in reckless or irresponsible behavior?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Need for Thrill/Lack of Responsibility:</b> Does the individual crave excitement and risk-taking and show little regard for the consequences?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Parasitic Lifestyle:</b> Does the individual exploit others for their resources and avoid taking responsibility for their actions?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Early Behavioral Problems:</b> Did the individual exhibit conduct problems or aggression early in life?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lack of Realistic Long-Term Goals:</b> Does the individual lack clear goals or aspirations for the future?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Impulsivity:</b> Does the individual act impulsively without considering the consequences?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Irresponsibility:</b> Does the individual fail to meet their obligations or commitments?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Juvenile Delinquency:</b> Has the individual engaged in criminal behavior during their youth?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Adult Antisocial Behavior:</b> Has the individual engaged in criminal or illegal activities as an adult?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Promiscuous Sexual Behavior:</b> Does the individual have a history of casual and short-term sexual relationships?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Many Short-Term Marital Relationships:</b> Has the individual had multiple short-term marriages or relationships?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total Score:			

### Interpretation:

These bullet points dont need to be a scale

- Scores of 0-10 indicate minimal or no psychopathic traits.
- Scores of 11-20 suggest some psychopathic traits, but not to a clinically significant degree.
- Scores of 21-30 indicate moderate to high levels of psychopathic traits, potentially impacting relationships and life functioning.
- Scores of 31-40 suggest high levels of psychopathy, with significant risk of antisocial behavior and lack of empathy.