Patient Workup

Patient Information	
Name:	Bryan Miller
Date of Birth:	June 15, 1980
Gender:	(●) Male ( ) Female ( ) Other:
Address:	123 Main Street, Anytown, USA
Email:	bryan.miller@example.com
Emergency Contact:	Sarah Miller (Spouse), (555) 555-1234
Insurance Information:	ABC Health Insurance, Policy Number: 123456789

Medical History	
Chief Complaint:	Chest pain and shortness of breath
Present Illness History:	
Bryan reports experiencing sharp, intermittent chest pain for the past week, aggravated by physical activity and relieved by rest. He also complains of mild shortness of breath.	
Past Medical History:	
Hypertension, Hyperlipidemia	
Surgical History:	
Appendectomy (2005)	
Family History:	
Father had a history of myocardial infarction at age 50. Mother has hypertension.	
Social History:	
Non-smoker, occasional alcohol consumption, sedentary lifestyle	
Allergies:	
None reported	

Medication Review
Current Medications:
Amlodipine 5mg daily for hypertension Atorvastatin 20mg daily for hyperlipidemia
Dosage: As prescribed
Frequency: Once daily
Duration: Ongoing
Compliance: Bryan reports good adherence to medications.
Adverse Reactions:
None reported
Physical Examination
Vital Signs:
Blood Pressure: 140/90 mmHg
Heart Rate: 80 bpm
Respiratory Rate: 16 breaths per minute
Temperature: 98.6°F
General Appearance:
Alert and oriented, no distress
Cardiovascular Examination:
Regular rate and rhythm, no murmurs or gallops
Respiratory Examination:
Clear to auscultation bilaterally
Abdominal Examination:
Soft, non-tender, non-distended

Neurological Examination:
Cranial nerves intact, motor and sensory function normal
Musculoskeletal Examination:
No deformities or abnormalities noted
Skin Examination:
Warm and dry, no rashes or lesions
Diagnostic Studies
Laboratory Tests:
Complete Blood Count: Within normal limits
Comprehensive Metabolic Panel: Normal electrolytes and renal function
Lipid Profile: Elevated LDL cholesterol levels
Imaging Studies:
Chest X-ray: Normal findings
ECG: Sinus rhythm, no acute ST changes
Other Diagnostic:
None ordered at this time
Assessment and Plan
Diagnosis: Stable angina
Differential Diagnosis: Myocardial infarction, GERD
Therapy Goals:
Alleviate chest pain, reduce cardiovascular risk
Treatment Plan:
Initiate nitroglycerin sublingual PRN for chest pain Adjust atorvastatin dose to optimize LDL cholesterol levels Lifestyle modifications: Encourage regular exercise, smoking cessation, dietary modifications

Pharmacological Interventions:

Nitroglycerin, Atorvastatin

Non-Pharmacological Intervention:

Lifestyle modifications

Follow-up Recommendations:

Follow-up in 2 weeks for medication review and symptom reassessment

Referrals to Specialists:

Cardiology referral for stress testing and further evaluation

Notes

Bryan's chest pain and shortness of breath are concerning for cardiac etiology, warranting further evaluation and management to reduce cardiovascular risk.

Discussed the importance of adherence to medications and lifestyle modifications with Bryan.

Provided patient education on the use of nitroglycerin and signs of worsening symptoms.

Signed by: Dr. Emily Sanders

Date: March 19, 2024