

The Patient Specific Functional Scale

Name:

This useful questionnaire can be used to quantify activity limitation and measure functional outcome for patients with any orthopaedic condition.

Clinician to read and fill in below: Complete at the end of the history and prior to physical examination.

Initial Assessment:

I am going to ask you to identify up to three important activities that you are unable to do or are having difficulty with as a result of your problem. Today, are there any activities that you are unable to do or having difficulty with because of your problem? (Clinician: show scale to patient and have the patient rate each activity).

Follow-up Assessments:

When I assessed you on (state previous assessment date), you told me that you had difficulty with (read all activities from list at a time). Today, do you still have difficulty with: (read and have patient score each item in the list)?

Patient-specific activity scoring scheme (Point to one number):

0 1 2 3 4 5 6 7 8 9 10

Unable to perform activity

Able to perform activity at the same level as before injury or problem

Date:

Score:

Activity	Initial										

Total score = sum of the activity scores/number of activities Minimum detectable change (90%CI) for average score = 2 points.

Minimum detectable change (90%CI) for single activity score = 3 points

Additional notes: